

Cargill solutions for healthier, more affordable culinary products

June 2020



Culinary applications







Recipes - Summary

CULINARY		Key ingredient	Nutri- score	Cost
Dressing	Standard	70% oil	A B CD E	
	Oil-reduced & egg yolk-free	C☆HiForm® modified starch C☆EmTex® modified starch	NUTRI-SCORE	Cost reduction
Ketchup	Standard	Sucrose	NUTRI-SCORE A B C DE	
	50% Sugar Reduction	C☆Dry® maltodextrin Truvia® RA 80 stevia leaf extract	NUTRI-SCORE A B C D E	Cost increase
	75% Sugar Reduction & No Added Sugar	C☆Dry® maltodextrin Truvia® RA 80 stevia leaf extract Maltidex® maltitol	NUTRI-SCORE A B C D E	Cost increase
Italian sauce	Standard	Sucrose	NUTRI-SCORE A B C D E	
	Texture improvement & No added sugar	C☆PulpTex® instant starch Truvia® RA 80 stevia leaf extract	NUTRI-SCORE	Cost reduction

Download recipes: https://www.cargill.com/food-beverage/emea/healthier-more-affordable-solutions



Dressing – Standard recipe



Standard dressing (%)

Sunflower oil	70.0
Water	14.18
vinegar 7°	5.0
Egg yolk powder	3.5
Sucrose	3.0
Salt	2.0
Mustard	2.0
Lygomme® KCT 58	0.2
Potassium sorbate	0.12

Dressing - Nutritionals



	Standard recipe	
Energy (kcal/ 100g)	665.2	
Fats %	71.6	
- of which saturated	8.5	
Carbohydrates %	3.2	
- of which sugars	3.1	
- of which fibres		
Proteins %	1.8	
Salt %	2.13	



Ways to improve Nutri-score

Oil reduction





Egg yolk replacement

Oil reduction – C☆HiForm® 12748





A modified, cold water swellable Starch

- ✓ From 70% to 30% oil in the recipe
- ✓ Instant cold viscosity development
- ✓Improved texture and texture stability



Significant cost reduction opportunities

✓ Allows significant reduction of expensive ingredients

Egg yolk replacement– C☆EmTex® 12688





A Modified Waxy Corn Starch

- ✓ Can be used for full or partial egg yolk replacement, depending on the desired end label
- √ Emulsification properties
- ✓ Excellent stability and mouthfeel properties



Significant cost reduction opportunities

✓In combination with C☆HiForm®12748 significant recipe cost reduction



Ketchup – Standard recipe



Standard ketchup (%)		
Water	43.0	
Tomato double concentrate 28-30%	30.0	
Sucrose	18.0	
vinegar 7°	5.0	
C*Tex® 06205	2.0	
Salt	1.5	
Citric acid	0.3	
Satiaxane® CX 910	0.2	

Ketchup - Nutritionals



	Standard recipe	
Energy (kcal/ 100g)	111.5	
Fats %	0.2	
- of which saturated	0.2	
Carbohydrates %	25.9	
- of which sugars	24.0	
- of which fibres	0.6	
Proteins %	1.2	
Salt %	1.55	



Ways to improve Nutri-score

Sugar reduction





No added sugar

Sugar reduction – C☆Dry® MD 01955 Truvia® RA 80





Maltodextrin & Stevia - Sugar reduction solution

- √50% sugar reduction
- √30% calorie reduction
- ✓ Maltodextrin provides bulk to the recipe
- ✓ Truvia® RA 80 is a high purity Reb A, that brings back the sweetness, and generally delivers a clean sweet taste

No added sugar – C☆Dry® MD 01955 Truvia® RA 80 Maltidex® 16311





Maltodextrin, Maltitol & Stevia - Sugar reduction solution

- ✓ Enables no added sugar claim
- √10% calorie reduction
- ✓ Maltodextrin provides bulk to the recipe
- ✓ Maltidex® is a naturally sweet 1 to 1 sugar reduction solution.
- ✓ Truvia® RA 80 is a high purity Reb A, delivering a clean sweet taste



Italian sauce - Standard recipe



Standard recipe(%)			
Polpa with onion	35.5		
Cubetti with Italian herbs	35.5		
Tomato double concentrate 28-30%	15.0		
Carrot juice	5.0		
Sucrose	5.0		
Basil paste	2.0		
Salt	1.0		
C*Tex® 06203	1.0		

Italian sauce - Nutritionals



	Standard recipe
Energy (kcal/ 100g)	60.0
Fats %	0.5
- of which saturated	0.5
Carbohydrates %	12.3
- of which sugars	10.8
- of which fibres	1.1
Proteins %	1.6
Salt %	1.34



Texture improvement – C☆PulpTex® 12931





Instant texturizing solution

- ✓ Delivers visible pulpy appeal, and authentic texture
- ✓ Exceptional texture stability over processing
- ✓ Provides instant viscosity and texture



Cost reduction opportunities

✓ Replaces costly, volatile ingredients and improves overall recipe cost, without impacting quality

No added sugar – Truvia® RA 80





Stevia leaf extract - Sugar reduction solution

- ✓ No added sugar claim
- √33% calorie reduction
- ✓ Truvia® RA 80 is a high purity Reb A, delivering a clean sweet taste



Helping the world thrive